

113 CREATING SPACE

Purpose: Teach the tactics required to create space for a target inside 50 metres.

ORGANISATION

- ▶ 12 players (24 if both ends of the ground are used).
- ▶ The attackers have a short conference away from the defenders and select a designated target.
- ▶ The defenders man up.
- ▶ Through diversionary leads and blocks the attackers create a space for the designated target to move into and receive a pass from the kicker (K).
- ▶ If successful a shot at goal is taken. If there is a turnover the drill restarts with the kicker.
- ▶ The attackers quickly go into a conference to select the next designated target (it could be the same player again).
- ▶ After 4 trials swap the roles of the attackers and defenders. Keep changing after every 4 trials.
- ▶ Constantly change the position of the kick.
- ▶ The winner is the team with the best score from the total trials.

COACHING POINTS

- a. Have a discussion with all the players at the half way point of the drill regarding the most effective tactics.
- b. After a while dispense with the conferences to challenge the forwards to create the space for a target with less time to organise.
- c. It is often more difficult to create than to find space.

