

## 30 TOUCH FOOTBALL

**Purpose:** Decision-making using handball.

### ORGANISATION

- ▶ 12-20 players (2 teams of 6-10).
- ▶ Rules:
  - a. Start the game with a jump ball.
  - b. Handballs only.
  - c. Running with the ball allowed.
  - d. The 2 semi-circles are out of bounds.
  - e. If a player with the ball is tagged by an opponent, player must dispose of the ball immediately.
  - f. The out-of-bounds rule is the same as in basketball.
  - g. For a goal to count:
    - The ball must pass through the handball target.
    - The handball must be made from outside the semi-circle.
  - h. After a goal, the opposition brings the ball in from the base line.
  - i. Penalty for rough play or not handballing the ball immediately after being tagged is loss of ball.

### COACHING POINT

- a. Encourage players to run hard into their forward half of the court.

