

39 RECEIVING IN THE FIELD OF VISION

Purpose: Moving into the field of vision of the player with the ball.

ORGANISATION

- ▶ 12 players per group.
- ▶ A kicks to lead from B (K1).
- ▶ B handballs to C (Hb2).
- ▶ C handballs to D (Hb3).
- ▶ D kicks to repeat drill at other end.
- ▶ All players run through to the other end.

COACHING POINTS

- a. Encourage players to give out the handball within 2-3 steps, i.e. “quick hands”.
- b. Receiver C often has to “tread water” to prevent himself moving past the handballer’s field of vision.
- c. Have the balls kicked along the ground, or high in the air to vary the decisions to be made by the receiver.

